

Guidelines for Eyebrow piercing

In the first 6 weeks:

No chlorinated water. No herbal/bubble baths.

Make sure to only touch the piercing with clean hands.

Aftercare for your piercing:

Always wash your hands before touching the piercing.

Wash twice daily with an unscented soap, such as Unicura.

Always use clean cotton swabs and/or cotton pads instead of a towel.

Whilst showering: Ensure that the piercing is the last part of yourself that you wash. The rest of your body must be clean before cleaning the pierced area.

Ensure that the area is free of scabs before attempting to move the jewellery.

Turn or move the jewellery whilst soapy, and rinse it off again afterwards. Then dry the piercing with a clean tissue.

Do not use alcohol or Sterilon, as this will dry the wound too much. Do not use Betadine with gold jewellery, as this will make the jewellery dull.

Do not turn or move the piercing whilst dry! This will cause the wound to open up again.

Ensure that no make-up or cleansing products come into contact with the wound.

Further:

How long it takes for a piercing to heal depends on the type of piercing. Usually, after one week the pain will subside.

It takes 6-8 weeks for an eyebrow piercing to fully heal.

Alcohol, drugs and lack of sleep have a negative effect on the healing process and will extend the healing time significantly.

For the first two weeks, change your pillowcase every two days. Use one side one day, and the other side the next day.

Rejection:

Your jewellery is made from titanium. If you swap it for another piercing made of nickel or surgical steel, then the area may become infected (if you have an allergy to these metals) and your body may try to reject the piercing.

Rejection is similar to when you have a splinter, and your body slowly pushes the object out of your skin over time.

It doesn't matter how well a piercing is placed on the body. If the body wants to reject the piercing, it will. And this cannot be stopped.

In cases of inflammation:

Even if you follow all of the instructions, your piercing may still become infected.

Do not remove the jewellery. The jewellery keeps the wound open, which helps the body reject any infected material.

Soak the piercing twice daily with a salt solution (1 small teaspoon of coarse sea salt without additives in a glass of boiled water, which is then allowed to cool.) Do this with a clean cotton pad.

In cases of severe redness, swelling or pussing, you should contact your doctor.